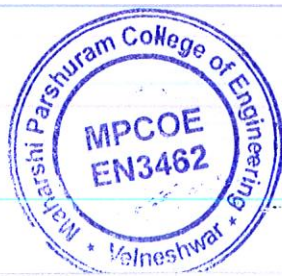

	Vidya Prasarak Mandal's Maharshi Parshuram College of Engineering, Velneswar At: Velneswar, Hedvi-Guhagar road, Taluka: Guhagar, Dist: Ratnagiri (Maharashtra) 415 729 (AICTE & DTE approved and affiliated to University of Mumbai)	Tel No. 02359-243102/3/4 Fax No. 02359-243102 E-mail: mpcoe@vpmpcoe.org URL:www.vpmpcoe.org
	Gymnasium Material List	

Sr. No.	Name of the Instruments	Kg./gm	Qty
1	Cycle with Charger	NA	2
2	Lat Pully	NA	1
3	Lat Rowing	NA	1
4	Weight Asst Chair	NA	1
5	Leg Extension Ctrl	NA	1
6	Swiss Ball	NA	2
7	Hat Bench	NA	2
8	Hat Bench Press	NA	1
9	Seated Bench Press	NA	1
10	Decline Bench Press	NA	1
11	Incline Bench Press	NA	1
12	Hack Squat Leg	NA	1
13	Cross Over Pully	NA	1
14	Smith Press	NA	1
15	Precher Ctrl	NA	1
16	Abdominal Board	NA	1
17	Hyper Extn. Room Chair	NA	1
18	Twister	NA	2
19	Stretching Machine	NA	1
20	Roller Walker	NA	1
21	Seation Stools	NA	3
22	Weight Bar	NA	6
23	Dumbells	2.5 kg	4
24	Dumbells	5 Kg	12
25	Dumbells	7.5 Kg	8
26	Dumbells	10 kg	2
27	Dumbells	12.5 kg	4
28	Dumbells	15kg	4
29	Dumbells	20 kg	2
30	Dumbel Rack	NA	1
31	Plates	5 kg	16
32	Plates	7.5kg	4
33	Plates	10kg	6
34	Plates	20kg	6
35	Bar Clips	NA	19
36	Rubber Mat	NA	5
37	Allen Key	NA	4
38	Screw Driver	NA	2
39	Spanner	NA	2
40	Air Pump	NA	2
41	Machine Cable Bndled	NA	1
42	Adj Bench	NA	1




Principal
 VPM's Maharshi Parshuram College
 of Engineering, Velneswar